



NWTA's Guide to Competition Opportunities September - March, Indoor Season 2022

Would you like to get involved in archery competitions? This guide will explain the opportunities available to you at the KBH range and beyond. There are many events for all skill levels, from new archer to seasoned competitor.

Contents

Timeline of events
Level of Event Competitiveness
Glossary
Training Considerations
Recommended Resources
Tournament Info - Ordered by Date
Membership Info
NWTA Jerseys & Shirts
Bonus: Winter 3D Shoots



Top to Bottom
Alex S. and John S.
(Sectional Champions)
Kenadi A.
(Sectional Champion)
Advanced Class
The Vegas Shoot
Adrianna P. at Vegas

September

- Think about which events you want to compete in.
- Get ideas on gear you need/want for indoor competition season. Order no later than October. Archery gear can take months to arrive, depending on your items.

October

NWTA Pin Shoot *

November

KBH Warm-Up League

December

KBH Multicolor League

WSAA Multicolor Mail-In

Archery World Classic **

Distraction Training

Prior to big tournaments, we'll hold some fun distraction training events. These have music, noise, ruckus, and a simulate a more challenging environment. This will be separate from regular class. Distraction training is intended to be fun/annoying and will test your ability to remain focused on your shot.

January

NWTA Pin Shoot (tentative) *

KBH Multicolor League

WSAA Multicolor Mail-In

WSAA Multicolor State Championships

Lancaster Classic *

USAA Indoor Nationals

* Coaches present for full event

** Coaches present for finals brackets

February

KBH Blueface League

WSAA Blueface Mail-In League

WSAA Blueface State Championships

The Vegas Shoot

USAA Indoor Nationals

March

KBH Blueface League

WSAA Blueface Mail-In League

NFAA Indoor Sectionals (Blueface)

NFAA Indoor Nationals

USAA Indoor Nationals Finals

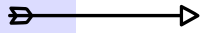
April

Outdoor season gets rolling.

(We'll have a guide for outdoor competition.)

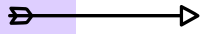
Level of Competitiveness

NWTA Pin Shoot
KBH Leagues
WSAA Mail-ins



These events are shot on the home range. Excellent practice for beginners and experienced archers. If you are new, seasoned archers are available to help you through the process. The pin shoot is run by your coaches.

WSAA Multicolor State Championship
WSAA Blueface State Championship



Events are held on local ranges (sometimes at KBH). Scores are aggregated over the whole state. You'll find all ages and skill levels here.

Archery World Classic
NFAA Indoor Sectional



Cash prizes at Archery World bring a wider regional crowd. The NFAA sectional combines results from 6 different states. Entry fees are higher than home events.

Lancaster Classic
The Vegas Shoot
USAA Indoor Nationals
NFAA Indoor Nationals



These are very large national events that bring in archers from across the country (and even world) for significant prizes. These iconic shoots are a fun experience for archery enthusiasts, and a pathway to sponsors/national ranking.

Glossary

- WSAA** Washington State Archery Association. Organizes state events.
- NFAA** National Field Archery Association. Holds sectional (multi-state) and national events.
- USAA** USA Archery. Trains and selects Olympic archers. Events vary by state.
- Mail-in** A tournament shot at different ranges at the same time. Scores are mailed in and compiled.
- Multicolor** A target face with gold, red, blue, black and white. Generally scored 1-10, some exceptions.
- Blueface** A target face with only dark blue and white. Scored 1-5.



Training Considerations

One of the great things about archery is that it can be done recreationally, competitively, or a mix of both. Competition is not a requirement to fully enjoy the sport. NWTa supports and encourages all kinds of archers: from those who just want to sling a few arrows occasionally, to those who want to podium at national events - and everyone in between.

Successful, high level, competitive training differs from casual archery in many ways, for example:

- Higher arrow counts (practicing regularly outside of class with technical objectives in mind)
- Establishing goals and making plans to achieve them
- Keeping a log of practice, gear changes, and scores
- Emphasis on technical skills as a necessity to avoid injury
- Additional physical fitness components for health and endurance
 - Add a fitness plan to develop your muscles equally. Archery is a repetitive exercise. Working only some muscles, in very specific ways, in high volumes over time is not a great idea for the long term.

Note to new competitors:

If you are beginning to increase your arrow volume, it's important to take stock of how your body is reacting, how it relates to your technique, and how it relates to your physicality. **Soreness is normal, recurring pain is not.** We highly recommend getting medically evaluated with any recurring pain. Sports medicine doctors and physical therapists will be more helpful than general practitioners.

Technical problems at low arrow count --> potential discomfort

Technical problems at high arrow count --> injury

Good technique + high arrow count without fitness routine --> potential overuse injury

Good technique + previous or current injury --> potential limits to training

Good technique + good training schedule + fitness routine --> optimal for advanced competition

Physical variations in all bodies means that training is highly individualized. What's right for someone else may not be a good match for you, and it may take some time to establish your best training plan.

Recommended Resources

These are medical professionals who have worked with archers and all levels of athletes before. We would love to add to this list. If you've had a very positive experience working with a care provider, let us know! Archery is a unique sport and it helps to have someone who understands how archers train.

Physical Therapy

Dr. Eric Waterland - Waterland Performance
Tacoma, WA
www.waterlandperformance.com

Dr. Keith Heinzleman - Bainbridge Island PT
Bainbridge Island, WA
www.bainbridgeislandpt.com/keith-heinzelman

Chiropractic Care

Dr. Forrest Hartford - Pro Sport
Gig Harbor, WA
www.prosportandspineclinic.com

Pro Sport not a typical chiropractor office. They have sports medicine chiropractic sessions combined with gym training/PT. There is a Silverdale branch; we have no experience with staff there.

NOTE: Each archery tournament has a specific set of rules for gear and competition. **It is up to the participating archer to understand these rules prior to entering/competing** and come properly equipped. This includes dress code and gear limitations. Your coaches have general knowledge of these systems, but rules change frequently and there are many tournament specifications. Rules/regulations are typically found on the organization's website.

Indoor Events - Organized by Date

NWTA Pin Shoots

Next pin shoot: October 30, 2022

Cost: free for USA Archery members, \$15 non-members. Pins/ribbons \$5 each.

Competition: You're only competing with yourself, great for all skill levels

Requirement: placed into Intermediate or higher

Memberships Required: None, non-USAA members pay \$15 (link to [info](#))



What: 30 scored arrows, multicolor targets

Shooting your personal best score will earn you pins and ribbons from USA Archery. This is a very friendly tournament, especially for anyone new to archery. Coaches and advanced archers help you through the scoring process. After doing a pin shoot, you'll have the basics down to attend other indoor shoots.

Note: The Halloween Pin Shoot is FESTIVE! Costumes are welcome (should be safe to shoot in). **Special prize awarded at this pin shoot: the top score in each bow style** (barebow+trad, Olympic recurve, compound) will have their **KBH League fees sponsored by NWTA!** There is also a fun prize for best costume!

KBH Archers Indoor Multicolor League & Washington State Multicolor Mail-In (aka WSAA Mail-in)

Dates: November warmup, scoring rounds December 2022 - January 2023

Cost: \$2 per session (\$14 for 1 practice and 6 scored rounds)

Competition: KBH league is local, very casual.

Ages: All ages

Memberships: None for KBH League. Must be a WSAA (Washington State Archery Association) member if you want to send your scores to the state mail-in tournament.



What: 30 scored arrows on the KBH indoor range, just like pin shoots. Link to [KBH](#) and [WSAA](#) info

KBH league shoots are held weekday evenings, twice a week (days TBA, was Weds/Fri last year). You get to pick any 6 sessions to attend. Complete 6 rounds to be in the running for the KBH Multicolor League Prize. If you are a WSAA member, you can opt to mail-in your scores to the state. Your score will be ranked with other state shooters. Get practice for larger competitions and see how you stack up with archers from KBH and around Washington! Last year KBH held league warm ups starting November (warm ups are sessions where scores don't count for league or state). Mail-in scoring begins on December 1.

Notes: KBH league scores are handicapped so that archers of all styles can compete. Winner gets free entry into a KBH outdoor tournament. WSAA scores are not handicapped.

Archery World Classic

Date: Dec 2 - 4, 2022

Where: Lacey, WA

Cost: \$80

Memberships Required: None

Competition: Western Washington, potential of some state/interstate level competitors

Ages: All ages

What: 60 scored arrows, multicolor targets (link to [info](#))

Over \$10,000 purse for one weekend! The X ring is worth 11 points, with a max score of 660. There are 16 Shooting Divisions. Select a line time on Friday Dec 2 or Saturday Dec 3. If you score high enough in your division, you'll make it into the finals on Sunday Dec 4.

Notes: Youth class is NOT divided into bow style. Barebow class is NOT divided into age brackets. This may change if they get a high number of entries, but don't count on it. Coaches will be available for the finals brackets on Sunday.

Washington State Multicolor Championship (In Person)

Dates: TBA, last year was mid January

Location: TBA, this is offered at 3-4 different ranges around the state on the same weekend

Cost: Between \$5 - \$30 depending on division

Competition: Statewide, welcoming to newer archers

Ages: All ages

Memberships: Must be a WSAA Member

What: 30 scored arrows on a multicolor target, shot over 2 days for total score 60 arrows (link to [info](#))

Three or four different indoor ranges around the state hold this competition on the same winter weekend. Scores are collected over the whole state. This 2 day shoot declares the in-person State Multicolor Champion. Archers must shoot both days to qualify to win/rank in the tournament. It's ok to just shoot one day for the experience. We have had multiple archers win the championship in their division in the state.

Lancaster Archery Classic

Date: January 27-30, 2023

Location: Spooky Nook Sports Complex, Manheim, PA

Cost: TBA, Archers are responsible for travel/lodging/meals in addition to registration.

2023 registration opens Oct 3. Here are last year's fees.

Prior to December 30

\$350 Open Pro

\$250 Women's Pro and Masters Pro

\$150 Amateur

After December 30

\$400 Open Pro

\$300 for Women's Pro and Masters Pro

\$175 Amateur

Competition: National level, HIGHLY competitive in all categories. Large cash payouts, especially in the Pro division.

Lancaster Classic, continued

Membership: Not required outside of Pro division

Ages: All ages

What: 60-arrow qualification round, followed by head-to-head matches that culminate in a shoot-your-way-to-the-top grand finale. (Link to [more info](#), check closer to October)

This is one of the premier indoor tournaments in the world with the largest cash payouts for division winners in the archery world right now. The Lancaster Classic is a world-class tournament where you will be able to see many of the pros and test yourself against the highest levels of competition. It is also located very close to Lancaster Archery Supply's Pro Shop, where you can test and purchase all the gear you have been dreaming of. Archers are responsible for travel/lodging/meals in addition to registration.

Note: If **at least 5 NTA archers** are traveling to compete at Lancaster, your **coaches will accompany** the team for support at all levels of competition. A pre-planning meeting will be held after registration to help plan/coordinate travel.

The Vegas Shoot

Date: February 2-5, 2023

Location: South Point Hotel and Casino, Las Vegas

Cost: Registration between \$100-\$500 depending on your division and add-ons. Archers are responsible for travel/lodging/meals in addition to registration.

Competition: National level. HIGHLY Competitive in all categories (more info here)

Ages: All ages

Membership: None needed, but there are separate NFAA events where you can use NFAA/USAA reg

What: 30 scored arrows a day. Archers pick 1 of 3 divisions: Championship, Flights, or Juniors

Championship: Pro archers shoot under the spotlight for huge prize money, 3 days of shooting

Flights: After 2 days of shooting, you're grouped with 20-30 archers who shot scores similar to yours. On the third day, your flight competes with itself. Smaller cash prizes are distributed among the flight.

Juniors: This division has 2 days of shooting and cash prizes are replaced with scholarships.

This is the highest paying tournament for champions (but substantially less for runners up), and one of the largest indoor events in the world with over 3,500 archers. The tournament has NFAA shoots happening simultaneously with the big money shoot-down that you have seen on Youtube before. This is a world-class tournament where you will be able to see many of the pros and test yourself against the highest levels of competition. They have a cool convention/shopping area in the venue as well as the shooting spaces. The pace and venue are high energy and the crowds are gigantic.

Note: Your coaches **will NOT** be traveling to this tournament. However, this has been an event enjoyed by many KBH members - a pretty big group from Washington state/KBH goes every year. You won't be alone if you want to attend this one.

USA Archery Indoor Nationals & JOAD Indoor Nationals

Dates: TBA, events are held January - February

Location: 12+ locations, closest ones are CA, UT, NM

Cost: \$40 - \$120 depending on event/late fee

Archers are responsible for travel/lodging/meals in addition to registration.

Competition: National level, highly competitive

Ages: Minimum 8 years

Memberships: Must be a USAA member (NFAA may be accepted for participation)

What: 60 scored arrows on a multicolor target, shot over 2 sessions. Total score 120 arrows (link to [info](#))

This is **not** a cash prize event. Indoor national events are held in several states. Scores are aggregated across the country. This event is mandatory for anyone pursuing a national ranking or US Team spot. (Additional outdoor tournaments are required to complete the national ranking series.) The top 8 archers in each bow style are invited to a national showdown for cash prizes. At the same events, JOAD archers can enroll in JOAD Indoor Nationals. These scores are aggregated among JOAD archers nationally.

KBH Archers Blueface Indoor League & Washington State Blueface Mail-In (aka WSAA Mail-in)

Dates: TBA, typically Feb 1 - March 15

Cost: \$2 per session (\$14 for 1 practice and 6 scored rounds)

Competition: KBH league is local, very casual.

Ages: All ages

Memberships: None for KBH League. Must be a WSAA (Washington State Archery Association) member if you want to send your scores to the state mail-in tournament.



What: 60 scored arrows on a blueface target (more [info here](#))

This is very similar to the Multicolor Mail-In during December & January, however the target face is different and it's a higher volume of arrows. It's excellent practice for the in-person Washington State Blueface Championships and NFAA sectionals.

KBH league shoots are held weekday evenings, twice a week. You get to pick any 6 sessions to attend. Complete 6 rounds to be in the running for the KBH Blueface League Prize. If you are a WSAA member, you can opt to mail-in your scores to the state. Your score will be ranked with other state shooters. Get practice for larger competitions and see how you stack up with archers from KBH and around Washington! Mail-in scoring begins February 1.

Washington State Blueface Championship (In-Person)

Dates: TBA, typically mid/late February or March

Location: TBA, this is offered at 3-4 different ranges around the state on the same weekend

Cost: Between \$5 - \$30 depending on division

Competition: Statewide, welcoming to newer archers

Ages: All ages

Memberships: Must be a WSAA Member

Washington State Blueface Championship (In-Person), continued

What: 60 scored arrows on Blueface target, shot over 2 days (total score 120 arrows) (link to [info](#))

Three or four different indoor ranges around the state hold this competition on the same winter weekend. This 2 day shoot declares the in-person State Blueface Champion. Archers must shoot both days to qualify to win/rank in the tournament. Scores are collected for the whole state. It's ok to just shoot one day for the experience. NWTa Archers are the current state champions of their divisions indoors for this event.

NFAA Indoor Sectionals (Blueface)

Dates: TBA, typically early March

Location: Western Washington, location TBA (Archery World in 2022)

Cost: TBA, likely less than \$50

Competition: NW Region (covers 6 states: WA, OR, ID, MT, AK, WY)

Ages: All ages

Memberships: Must be a NFAA member

What: 60 scored arrows on a Blueface target, shot over 2 days, total score 120 arrows (link to [info](#))

Scores are collected over the NW Section, which includes 6 states. NWTa Archers are the current sectional champions of their divisions indoors for this event. This event qualifies top scorers to shoot at NFAA indoor nationals. Depending on the date/time, NWTa Coaches may be available for this event.

NFAA Indoor Nationals (Blueface) & USAA Indoor Nationals Finals

Dates: March 24-26, 2023

Location: Louisville, Kentucky

Cost: TBA

Competition: National level, Pro and Amateur divisions

Memberships: website unclear, as USAA and NFAA both have events occurring

What: 60 scored arrows on a Blueface target, shot over 2 days, total score 120 arrows (link to [info](#))

The Pro division of this event hosts famous archers from all over the country. Top ranked archers face off for cash prizes. The top 8 archers of the USAA Indoor Nationals are also invited to shoot for the larger cash prizes. An amateur division is open to the public. Last year, a mix of both categories totaled 1,500 archers.

Because The Vegas Shoot is closer, has larger cash prizes, and is a bigger event, the NFAA Indoor Nationals isn't historically well attended by our state.

Please let your coaches know which events you're shooting in so we can optimize your training in class!

Common Memberships

KBH Archers

Why: 24/7 access to KBH facilities (indoor and outdoor)

Family - \$110.00 / year (includes spouse, and children up to 18 years of age)

Individual Adult - \$85.00 / year

Individual Youth - \$38.00 / year (12 - 17 years of age)

Individual Cadet - \$10.00 / year (8 - 11 years of age)

Note: Volunteer hours reduce cost of membership, up to half.

KBH membership is not a requirement for any shoots.

NFAA - National Field Archery Association

Why: Compete in sectional events (indoor blueface, outdoor field). Sectional events are local shoots that get aggregated across a 6 state region for wider competition. NFAA membership also allows archers to compete in NFAA national events (indoor, outdoor, and 3D).

We advise bundling with WSAA for maximum cost effectiveness. If **not** bundled with WSAA:

Individual adult \$70

Youth \$45

Family packages are an option with cost dependent on number of archers.

WSAA - Washington State Archery Association

Why: Participate in WSAA tournaments (State-level Multicolor, Blueface, Outdoor Target, Field, 3D, and Safari)

Cost: \$30 individual adult, \$15 individual youth, family rate available. Can combine with NFAA enrollment to make NFAA fees less expensive.

Note: **If an archer wants to do state blueface indoor, outdoor, and field tournaments, we recommend the WSAA/NFAA bundle to save \$30.** This must be done at the time of your WSAA application.

USA Archery

Why: See below

Recreational membership: Participate in NWTAA indoor pin shoots for free

Full membership: Coaching certificates, national ranking events

Additionally, full USAA Members can compete in some NFAA tournaments. Check state and individual tournament requirements.

Cost:

Individual recreational membership \$15

Youth Individual full membership \$45

Adult Individual full membership \$65

Family full membership \$130

USA Archery, continued

USAA is the organization that organizes national ranking tournaments and selects/trains the top archers to send to the Olympics.

Note: Washington state has limited USAA tournaments available. Currently there are no USAA statewide indoor tournaments and one outdoor event (which does not qualify for ranking). Because of this, we generally recommend a **recreational level** of membership for most archers to start.

Archers who are interested in obtaining USAA coaching certificates, USAA specific tournaments, or getting a USAA national ranking must purchase the full membership.

National ranking requires several out of state tournaments throughout the year. Completing the events necessary for a national ranking represents a **significant financial expenditure**. Registration fees are very costly and none of the events are in the northwest. USAA national events are intensely competitive and archers should carefully consider their technical skills/finances before going on the USAT (USA Team) circuit. USAA does not offer any scholarships, awards, or sizable discounts for archers attempting to complete the USAT tournament circuit.

Despite USAA having a diversity and equity statement, we see very little geared towards helping underrepresented archers rise to the national level - especially in the realm of tournament fees and travel. If you would like to see this change, please voice your thoughts to a USAA committee.
www.usarchery.org/about/committees

NWTA Shirts and Jerseys

Soft, casual T-shirt and official jerseys available. T-shirts can be ordered on our website (click the shop page). They typically arrive in a couple weeks. Sample sizes are available in class.

Jerseys are custom and must be ordered through your coaches. Jerseys incorporate Mt. Rainier and the WA state flag. There's an optional line for pronouns, or anything you'd like to put there. One printed jersey should be available for viewing mid October. Orders will be placed shortly after so jerseys can arrive before AWC in December. Details TBA. Jersey cost \$45-75 depending on size of the order. The collar will differ slightly from the mock up pictured. Jersey colors: royal blue, purple, green, black/gray, orange, and crimson.



12 colors available



6 colors available

Bonus: Winter 3D Shoots

If indoor season has you feeling cooped up, or you have a spring hunt you want to prep for, there are still a handful of shoots going on outside.

Grays Harbor Bowmen: Bucks and Bulls 3D

Grays Harbor Bowmen, Aberdeen, WA

Date: TBA, typically January

Cost: TBA

Memberships Needed: None

Competitive Level: Low/Medium depending on who shows up

This is one of the first outdoor shoots of the year in the state. It is a 2-day shoot, but you can only do one day if you want. If you do both days, you are eligible to win the awards. It is 42 targets on Saturday, 28 targets on Sunday. Snacks and beverages available, as well as camping on the range or locally.

Wooly Booger 3D Shoot

Capitol City Bowmen, Littlerock WA

Date TBD (Last year was January 29)

Cost \$5-\$20 depending on your division

Memberships needed: None

Competitive Level: Low

This is a fun, one-day 3D shoot with 40 targets scattered through the woods at unmarked distances. Rangefinders are allowed. There are door prizes, but no tournament prizes. There is camping available on the range and nearby. There will be food available by Bob's Kitchen for breakfast and lunch. Registration runs from 8-11am. This is just another chance to get outside and have some 3D fun before outdoor season begins.

Rainforest Safari & 3D Shoot

Grays Harbor Bowmen, Aberdeen, WA

Date: TBA, typically early in the year

Cost: TBA

Competitive Level: Low/Medium depending on who shows up

This is a blended tournament with a combination of 35 safari (paper) and 3D targets scattered across a field course. It is a 2-day shoot, but you can shoot it for only one day if you want. If you do both days, you are eligible to win the awards. All shooting is done by 1pm on Sunday. Registration runs from 8am to 1pm. There are lunch/snacks and beverages available, as well as camping on the range or locally.

Late Additions to this Packet:

These didn't make the initial cut for the in-person meeting because these "local" events are further away and we weren't sure if anyone wanted the longer travel. But in case you do...

Richmond Archery Shoot

Richmond Archery Club - Richmond, BC

Date: Oct 16, 2022

Cost: \$25 (Canadian)

Memberships Needed: Call and ask. [Info](#)

Feel like taking a mini road trip across the boarder? This club is located in Richmond, BC. At the time of publishing, our inquiry regarding membership requirements was not returned. This looks like a nice facility, and their archers often make the trip down for larger Seattle events. The event is 60 arrows at 18m.

Single String Fling

Archery World - Troutdale, Oregon

Date: Oct 29, 2022

Cost \$40

Membership needed: None, [Info](#)

All barebow and Traditional shooters are invited to test their skills against the best in the PNW. World Archery Rules apply to Barebow and NFAA rules apply to traditional. This is a one day tournament. Two 30 rounds on a multicolor face (x's=11 points). After you shoot the first round, get flighted and shoot another round again against your peers. Registration is \$40